### SAUVETAGE SPORTIF / LIFESAVING



### QUALIFICATIF AUX JEUX MONDIAUX



Avec la présence de l'équipe de France de sauvetage et de Magali ROUSSEAU, championne du monde de sauvetage, Maxime GROUSSET, champion du monde de natation et médaillé olympique Paris 2024.













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### 01 THE FFSS

The Fédération Française de Sauvetage et de Secourisme, founded in 1899 by Raymond Pitet, is an association under the French law of 1901, recognized as a public utility since 1927. It includes associations whose purpose is to organize and promote first aid and lifesaving sports.

The FFSS is recognized by the Ministry of the Interior as a public interest organization for training in first aid, and by the Sports Ministry for the promotion and development of lifesaving sport.

The main areas of activity are :

Under the authority of the Ministry of the Interior, for :

#### **FIRST-AID TRAINING**

The federation is authorized to provide training for the general public (GQS, PSC, etc.), as well as professional and lifesaving training. The 400 structures are available to provide training in all areas of land and water for the general public and professionals alike.

#### **CIVIL SECURITY MISSIONS**

The FFSS, an approved Civil Security association, is involved in all Civil Security missions throughout France. It has human and material resources available to come to the aid or assistance of the population.

under the authority of the Ministry of Sports, for :

#### **LIFE SAVING**

Lifesaving is a practice imported from Australia and known as "SURF LIFE SAVING" and it is a recognized high-level discipline.

#### **IT INCLUDES :**

+ More than 72,000 members + more than 60 departmental committees + more than 10 Regional Leagues around 400 Clubs

### 02 A3S

The Association des Sauveteurs Secouristes de la Seine is a nonprofit association created in 2017 and affiliated to the FFSS and currently has around 230 members (volunteers, employees, young people on civic service and work-study students).

#### **IT INCLUDES :**

A unit in Paris A unit in Villeneuve le Roi A territorial accession structure at Creps IDF

We work mainly in Paris and in all the lle de France region.

#### **OUR ACTIVITIES ARE DIVERSE:**

- First-aid services at cultural and sports festive events
- Sanitary services in collaboration with ARS IDF.
- SAMU and BSPP shifts
- Life-saving through our club "les Sauveteurs de la Seine".
- First-aid training (PSC, PSE1, PSE2, SST, etc.)



# 03THE MEETING

The French Meeting International organized by A3S is open to lifesavers in the Youth and Open categories who are members of a club affiliated to the F.F.S.S., as well as to foreign clubs and nations.

The competition will take place at the Centre Aquatique Camille Muffat in Aubervilliers, on January 18 and 19, 2025.

The competition is a qualifier for the next World Games, to be held August 7-9, 2025 in Chengdu, China. It is also a qualifier for the French flatwater championships.

It includes all individual events: 200m Super Lifesaver, 100m Rescue Medley, 100m Manikin Carry with Fins, 100m Manikin Tow with Fins, 50m Manikin Carry and the Golden Course.

As well as the team events: 4x25m Manikin Relay, 4x50m Medley Relay, 4X50m Pool LifeSaver Relay

And a brand-new race formula exclusive to the competition:

The French Meeting International is introducing a unique format for the 50m manikin : The **GOLDEN COURSE** 

In this event, only the eight best lifesavers (8 men and 8 women), selected from among the competitors in the classic 50m manikin, will have the chance to compete in a knockout competition.

#### THE CONCEPT: 8 LIFESAVERS AT THE START... ONLY ONE WINNER!

The lifesavers will compete in three successive races, with 15 to 20 minutes of recovery time between each heat. The first race will see all 8 participants set off, but only 4 will continue the adventure. After that, only 2 will compete in the final for victory and the prize money.

Who will take the top step of the podium?



# 04THE VENUE

The international French meeting will be at the Camille Muffat aquatic center in Aubervilliers. It was inaugurated on November 6.

Equipped with two 50m and 25m sports pools, of modular width, with a movable floor to vary depth, and a leisure pool.

To enhance performance and allow qualification for world games, the pool depth will be a constant 2m.

The pool is part of the Seine-Saint-Denis department's Olympic heritage. This summer, it hosted training sessions for the Olympic water polo delegations for Paris 2024.



Access by metro line 7 – Fort d'Aubervilliers 176 Avenue Jean Jaurès 93300 Aubervilliers

### 05 PROGRAM

The meeting takes place over two full days of competition

Possibility of training the day before from 5:30 pm to 9:30 pm Please reserve slots via the WhatsApp community

#### **SCHEDULES**

(subject to modification)

- doors open: 7 a.m. Race starts: 8:30 a.m. Heats end: 11:30 a.m. BREAK
- Doors open: 2:30 p.m. Finals start: 4 p.m. End of finals: 7 p.m.

	<b>DAY 1</b> (Saturday, January 18)	<b>DAY 2</b> (Sunday, January 19)
<b>MORNING</b> HEATS	100m Manikin Tow with Fins 200m Super Lifesaver 50m Manikin Carry 4x50m Medley Relay	100m Manikin Carry with Fins 100m Rescue Medley 4x25m Manikin Relay 4X50m Pool LifeSaver Relay
AFTERNOON FINALS	100m Manikin Tow with Fins 200m Super Lifesaver 4x50m Medley Relay GOLDEN COURSE (50m Manikin Carry -8/4/2)	100m Manikin Carry with Fins 100m Rescue Medley 4x25m Manikin Relay 4X50m Pool LifeSaver Relay
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### **06MEETING RULES**

#### **RULES in ILS format**

Qualifying competition for the World Games and the French Flatwater Championships.

#### CATEGORIES

<u>YOUTH / OPEN</u> = individual events <u>OPEN</u> = relay events

#### UPGRADE

People born between 2011 and 2012 cannot be upgraded to youth. Youth can take part in open events, but will not be able to compete in any events in their category.

#### SELECTION

Competition open to all F.F.S.S. licensees and foreign clubs and nations.

Foreign clubs and nations must request a registration link directly from: sport@ffss.fr

#### REWARDS

<u>Individuals :</u> medals for the top three men and women in the Open and Youth categories in each event.

<u>Relays:</u> medals for the first three men's and women's relays in the Open category in each event.

<u>GOLDEN COURSE</u>: prize money for first place -2000€ divided between the men's and women's podiums. a gift for second and third place.

#### **COMMITMENT FEE**

Entry fees are 5 euros per individual event.

Entry fees will be calculated at the time of registration, and must be paid in the reserved area in order to be taken into account before registration closes.

Forfeits made after the startlist has been published will not be returned.

Entry period: until 10/01/2025

#### **RACE COMMITTEE**

It will take place the day before the first race at 7.30pm.

The technical meeting will take place in the pool's Oasis area. A videoconference link will be provided.

Jury composition will be made in accordance with FFSS rules.

## 07LUNCH

A catering solution is planned Saturday and Sunday lunchtime in the pool's Oasis area

#### PRICE: ©14

#### **BOOKING LINK:**

https://www.helloasso.com/associations/a3svlr/evenem ents/reservation-repas-french-meeting-international

#### more details to come...

(see on WhatsApp community)

## **08ACCOMMODATION**

#### Teams and officials can stay at the following B&B hotels:

1/2 min by foot



**B&B HOTEL Paris Est Bobigny Université** 6 Rue René Goscinny, 93000 Bobigny

> time from venue : 9 min by car 🖨 14 min by public transport 🚍 17 min by foot 🔥



**B&B HOTEL Paris Le Bourget** 197-211 Avenue Paul Vaillant Couturier 93120 La Courneuve time from venue :  $\mathbf{a}$  8 min by car 20 min by public transport 1 30 min by foot

#### Thanks to the code "SPFFSS09" benefit from a 20% discount on the room price (excluding breakfast, extras and tourist tax)\*.

\*This discount is applicable only in France by directly inserting a code on the B&B Hotels website or mobile application on the room prices in effect at the time of booking (excluding breakfasts, extras and the loyalty program and any promotional offers, special rates, special offers and/or promotions or seasonal discounts, upon presentation of the required documents on arrival at the hotel (valid license and certificate of competition, training course, meeting, etc.) and applicable to accompanying persons (managers, doctors, referees, supporters, etc.).

#### Other hotels near the competition venue :

Ibis Styles Bobigny Centre Préfecture 302 Av. Paul Vaillant-Couturier 93000 Bobigny

> time from venue : 15 min by car 🖨 30 min by public transport 🛱 1 hour by foot ∱



Hôtel Restaurant Campanile Bobigny 304 Av. Paul Vaillant-Couturier 93000 Bobigny

<u>time from venue :</u> ➡ 15 min by car ➡ 30 min by public transport ∲ 1 hour by foot



**Ibis Styles Paris Romainville** 52 Av. Gaston Roussel, 93230 Romainville

> time from venue : 15 min by car 🛱 30 min by public transport 🛱 1 hour by foot ≮

### 09 PARTNERS











#### instavox



#### **FEDERAL PARTNERS**







MINISTÈRE DES SPORTS, DE LA JEUNESSE ET DE LA VIE ASSOCIATIVE Liberté Ègalité Fraternité



### 10 Contact us

For all requests for information, questions, etc. please contact us by one of the following means:

#### **EMAIL ADRESS:**

#### INFO.MEETING@FFSS-A3S.FR

#### WHATSAPP COMMUNUNITY:

https://chat.whatsapp.com/Cwedh7QeigFD6rgnl1GekA



#### WEBSITE :

WWW.FFSS.PARIS

#### **AND FOLLOW US ON :**



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@FRENCH.MEETING